



Easter Seals South Florida Parenting Program  
funded by The Children's Trust presents:

# NUTRITION WORKSHOP

**FREE**



child development  
centers  
*a fun place to learn and grow*

**When: Thursday  
November 15, 2007  
At 6:00 pm**

Where: Easter Seals South Florida  
1475 NW 14 Avenue  
Miami, FL 33125

For more information,  
Please call Kendra at (305)  
547-4738

- Sheah Rarback, Nutrition Division Director from the Mailman Center for Child Development, will be the presenter
- Learn about good nutrition for your child
- Nutritional issues such as food allergies and picky-eaters will be discussed
- Receive hand-outs to take home
- Receive recipes and food ideas to use at home